All welcome at Queensland

Tea and Coffee

Every Monday, Wednesday, Thursday & Friday **2pm - 4pm**

Just <u>£1</u> for tea or coffee and biscuits

Easy Exercise Thursdays 12:15 - 1:15pm



These chair based exercise classes are open to all and can be adjusted to suit your fitness levels.



Birgo Mondays **7pm - 9pm** Join us for a fun evening of BINGO!